

	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	DATES
WEEK ONE	<p>Sausage & Mixed Bean Cassoulet Crusty Bread or Potato, Lentil & Mixed Bean Cassoulet (V) or Cheese Sandwiches Salad Selection</p> <p>Bananas & Custard</p>	<p>Chicken Tikka Masala with Peas Boiled Rice or Mixed Bean & Chickpea Masala (V) or Tortilla Wraps with Cheese & Cucumber Salad Selection</p> <p>Apricot & Vanilla Flapjack</p>	<p>Breast of Chicken in Gravy New Potatoes Carrots & Broccoli or Quorn in Gravy (V) or Ham Sandwiches Salad Selection</p> <p>Fresh Fruit & Yoghurt</p>	<p>Fruity Pork & Apple Casserole with peas Mashed Potato or Fruity Quorn & Apple Casserole (V) or Soft Rolls filled with Chicken Salad Selection</p> <p>Chocolate Sponge & Ice Cream</p>	<p>Beef Lasagne & Garlic Bread Peas or Vegetarian Mince & Lentil Bolognese (V) or Pitta Breads filled with Ham or Cheese Salad Selection</p> <p>Fruit Mousse</p>	<p>WEEK COMMENCING</p> <p>3 Sept 1 Oct 29 Oct 26 Nov 1 Jan 28 Jan</p>
WEEK TWO	<p>Breaded Salmon Fishcakes New Potatoes Baked Beans or Vegetable Cutlet (V) or Ham Sandwiches Salad Selection</p> <p>Arctic Roll</p>	<p>Pork Sausages in Gravy Mashed Potato Peas & Carrots or Vegetarian Sausage in Lentil Gravy (V) or Pitta Bread filled with Ham or Cheese</p> <p>Vanilla Sponge & Custard</p>	<p>Chicken with Pasta in Herby Tomato Sauce Sweetcorn topped with Cheese Garlic Bread or Quorn and Vegetable Pasta in Herby Tomato Sauce Topped with Cheese (V) or Soft Rolls filled with Chicken Salad Selection</p> <p>Apricot Cookie</p>	<p>Mince Beef & Vegetable Hot Pot Sliced Potato Topping (with Carrots & Peas) Crusty Bread or Mixed Bean & Vegetable Hot Pot (V) or Tortilla Wraps with Cheese & Cucumber Salad Selection</p> <p>Fresh Fruit & Yoghurt</p>	<p>Roasted Turkey Roast Potatoes Cauliflower & Peas or Quorn in Lentil Gravy (V) or Soft Rolls filled with Tuna Salad Selection or Strawberry Jelly & Ice Cream</p>	<p>WEEK COMMENCING</p> <p>10 Sept 8 Oct 5 Nov 3 Dec 7 Jan 4 Feb</p>
WEEK THREE	<p>Swedish Meatballs Herby Tomato Sauce Pasta Twists Peas or Vegetarian Meatballs (V) or Chicken Sandwiches Salad Selection</p> <p>Fruit & Yoghurt</p>	<p>Cottage Pie with Beef Mince, Carrots Topped with Mash Cabbage & Sweetcorn or Vegetarian Mince Cottage Pie (V) or Ham Sandwiches Salad Selection</p> <p>Chocolate Brownie & Custard</p>	<p>Oven Baked Jacket Potatoes</p> <p>Grated Cheddar (V) or Baked Beans (V) or Tuna Mayonnaise or Soft Rolls filled with Cheese Salad Selection</p> <p>Fruit Mousse</p>	<p>Roasted Ham in Gravy Roast Potatoes Carrots & Broccoli or Vegetable Cutlet (V) or Tortilla Wraps with Cheese & Ham Salad Selection</p> <p>Flapjack</p>	<p>Chicken & Vegetables in a Mild Mexican Style Sauce Boiled Rice Flour Tortillas or Mixed Beans & Chickpeas in a Mexican Style Sauce (V) or Cheese Sandwiches Salad Selection</p> <p>Cupcakes</p>	<p>WEEK COMMENCING</p> <p>17 Sept 15 Oct 12 Nov 10 Dec 14 Jan 11 Feb</p>
WEEK FOUR	<p>Cheese & Tomato Pizza Pasta Twists Sweetcorn or Tortilla Wraps with Cheese & Ham Salad Selection</p> <p>Swiss Roll</p>	<p>Baked Sausage Rolls New Potatoes Baked Beans or Savoury Vegetarian Rolls (V) or Cheese Sandwiches Salad Selection</p> <p>Lemon Drizzle</p>	<p>Bolognese Pasta Topped with Cheese Broccoli & Carrots or Vegetarian Mince Bolognese Topped with Cheese (V) or Tuna Mayo & Cucumber Sandwiches Salad Selection</p> <p>Apple Crumble & Custard</p>	<p>Turkey Leek, Potato & Pea Pie Mini Pastry Lids New Potatoes Carrots & Peas or Quorn, Vegetable Potato Pie (V) or Soft Rolls filled with Ham Salad Selection</p> <p>Vanilla Sponge & Ice Cram</p>	<p>Pink & White Fish Pie (Salmon, Pollock) with Peas in a Creamy Sauce Cheesy Mash Topping Broccoli & Cauliflower or Chunky Vegetable & (V) Pie in a Creamy Sauce Topped with Mash or Chicken Sandwiches Salad Selection</p> <p>Fresh Fruit & Yoghurt</p>	<p>WEEK COMMENCING</p> <p>24 Sept 22 Oct 19 Nov 17 Dec 21 Jan 18 Feb</p>

- ✓ Fresh Fruit & Yoghurts supplied each week as a daily dessert alternative
- ✓ Full Allergen information available contact us www.cupcakescatering.co.uk
- ✓ Jacket Potatoes can be ordered everyday as an alternative to this menu