First School
Spring & Summer Term 2018
Menu

	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	DATES 2018	
WEEK ONE	Swedish Meatballs In Herby Tomato Sauce Pasta Twists Peas or Vegetarian Savoury Balls (V) or Cheese Sandwiches Fresh Salad & Vegetables Sticks Bananas & Custard	Cheese & Potato Pie with a sliced Tomato Topping Baked Beans or Filled Pitta Breads with Cheese or Ham and Salad Salad & Vegetable Sticks Pineapple Upside Down Cake	Slow Roasted Pork Sage & Onion Stuffing Roast Potatoes, Cauliflower & Peas or Roasted Quorn (V) or Soft Rolls filled Grated Cheese or Ham Fresh Salad & Vegetable Sticks Fruit Mousse	Margherita Pizza New Potatoes Sweet Corn (V) or Chicken Sandwiches with a Fresh Salad & Vegetables Sticks Marble Cake & Custard	Mild Chicken, Potato & Vegetable Curry Rice i or Vegetable, Lentil & Potato Curry (V) or Tortilla Wraps filled with Cheese or Ham Fresh Salad & Vegetable Sticks Fresh Fruit Yoghurt	WEEK COMMENCING	26 Feb 26 Mar 23 Apr 21 May 18 Jun 16 Jul
WEEK TWO	Sausage Rolls New Potatoes Baked Beans or Savoury Cheese Rolls V or Filled Pitta Breads with Cheese or Ham Salad & Vegetable Sticks Rice Pudding & Fruit Jam	Slow Cooked Beef, Ginger & Root Vegetable Stew Mashed Potato or Chickpea, Potato & Root Vegetable Stew or Wholemeal Sandwiches filled with Ham Salad & Vegetable Sticks Chocolate Brownie & Custard	½ Oven Baked Jacket Potato Topped with Beef Chilli & Cheddar Cheese Peas or Vegetarian Mince Chilli or Soft Rolls filled with Cheddar Cheese Salad & Vegetables Sticks Fresh Fruit & Yoghurt	Sausage and Mixed Bean Cassoulet Crusty Bread or Vegetarian Sausage Cassoulet V Tortilla Wraps Filled with Cream Cheese & Cucumber Salad & Vegetable Sticks Apple & Raisin Cake & Custard	Cheesy Topped Chicken & Veg Pasta in a Tomato Ragu Sauce Pease Pitta Bread or Vegetable Ragu V or Chicken Sandwiches Fresh Salad & Vegetables Sticks Vanilla Cupcakes	WEEK COMMENCING	5 Mar 2 Apr 30 Apr 28 May 25 Jun 23 Jul
WEEK THREE	Breaded Fish New Potatoes Peas Homemade Ketchup or Vegetable Cutlet V or Ham Sandwiches Fresh Salad & Vegetable Sticks Swiss Roll & Ice Cream	Sausage & Mash Peas Gravy Or Vegetarian Sausage V or Chicken Sandwiches with a Fresh Salad & Vegetables Sticks Flapjack	Roast Beef Yorkshire Pudding Roast Potatoes Cabbage & Broccoli Or Quorn Fillet Or Cheese Sandwiches Salad & Vegetable Sticks Chocolate Orange Sponge Cake & Custard	Oven Baked Jacket Potatoes With a Selection of Cheese, Baked Beans or Tuna Mayonnaise Or Tortilla Wraps filled with Cream Cheese & Cucumber Lemon Drizzle Cake	Italian Style Lasagne Peas Garlic Bread or Vegetarian Mince Pasta Bake V or Soft Rolls filled with Ham Fresh Salad & Vegetable Sticks Fresh Fruit & Yoghurt	WEEK COMMENCING	12 Mar 9 Apr 7 May 4 Jun 2 Jul
WEEK FOUR	Margherita Pizza New Potatoes Sweet Corn (V) or Vegetable Mixed Bean Korma V or Tortilla Wraps filled with Cream Cheese & Tomato Salad & Vegetable Sticks Fresh Fruit & Yoghurt	Cottage Pie with a Sweet Potato & Mash Topping Carrots or Veg Mince Cottage Pie (V) or Filled Pitta Breads with Cheese or Ham Salad Fruit Mousse	Chicken Breast in Gravy Roast Potatoes Carrots & Sweetcorn Or Quorn Fillet or Soft Rolls filled with Ham Salad & Vegetables Sticks Orange Cupcakes	Bolognaise Pasta Bake Sweetcorn Pitta Bread or Vegetarian Mince Pasta Bake V or Cheddar Cheese Sandwiches Salad & Vegetables Sticks Apple Crumble & Custard	Sausage Rolls New Potatoes Baked Beans or Savoury Cheese Rolls V or Pitta Breads with a Grated Cheese or Tuna Mayonnaise Fruit Jelly	WEEK COMMENCING	19 Mar 16 Apr 14 May 11 Jun 9 Jul

- ✓ **Jacket Potatoes available to order every day as an alternative to the above main courses**
- ✓ **Fresh Fruit & Yoghurts served each day as a dessert alternative**
- ✓ **Full Allergen information available contact us www.cupcakescatering.co.uk**