



**DODFORD FIRST SCHOOL**

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**Achieve, Believe, Create and Fly High**

**Subject: PE**

### **Intent**

'For all pupils leaving primary school to be physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport.' National Curriculum

At Dodford First School we aim to deliver a PE experience which promotes competitive and non-competitive school sports and engagement in physical activity that will lead to life-long participation in a variety of forms of sports and activities.

Our broad and balanced curriculum has been carefully constructed to ensure children see a skills progression throughout their time here. We offer all children access to a wide range of sports, games and PE experiences which will lead to enjoyment and further engagement both in and out of school.

### **Curriculum Drivers**

**Achieve** - *Have high aspirations, striving for success and never giving up. You can learn anything you want to!*

**Believe** - *Believe in yourself and value your own self-worth. To keep trying even when it is hard; learn from others and your mistakes.*

**Create** - *Action your thoughts and bring something into existence. Allow your creativity to flow; investigate, experiment, and invent.*

**Fly High** - *Have the courage to embrace new experiences and take risks. Share your knowledge with others. Enable yourself to flourish.*

As well as developing physical competence in a range of mediums, we also develop other skills through our motto; Achieve, Believe , Create and through our All Active Academy values of:

Teamwork

Passion

Eco

Honesty

Determination

Respect

Self-belief

### **Characteristics of an athlete:**

- The ability to acquire new knowledge and skills exceptionally well and develop an in-depth understanding of PE.
- The willingness to practise skills in a wide range of different activities and situations, alone, in small groups and in teams and to apply these skills in chosen activities to achieve exceptionally high levels of performance.
- High levels of physical fitness.
- A healthy lifestyle, achieved by eating sensibly, avoiding smoking, drugs and alcohol and exercising regularly.
- The ability to remain physically active for sustained periods of time and an understanding of the importance of this in promoting long-term health and well-being.
- The ability to take the initiative and become excellent young leaders, organising and officiating, and evaluating what needs to be done to improve, and motivating and instilling excellent sporting attitudes in others.
- Exceptional levels of originality, imagination and creativity in their techniques, tactics and choreography, knowledge of how to improve their own and others' performance and the ability to work independently for extended periods of time without the need of guidance or support.
- A keen interest in PE. A willingness to participate eagerly in every lesson, highly positive attitudes and the ability to make informed choices about engaging fully in extra-curricular sport.

## **Implementation**

At Dodford First School PE is taught twice weekly across EYFS, Key Stage One and Key Stage Two.

PE is taught by non-specialist teachers and supported by a specialist sports coach who provides support for teachers should CPD be required to ensure staff remain equipped to provide High Quality PE. We also provide other specialist coaches including Yoga and Dance teachers.

We are committed to providing a range intra sports competitions and inter school competitions by our involvement in the local School Sports Partnership/ All Active Academy. This provides opportunities for pupils to participate in competitive sports and activities both in and beyond the curriculum. We also endeavour to develop our links to outside agencies and clubs, which will enable us to signpost parents of children who show a particular talent or interest.

We strive towards an inclusive PE curriculum where all pupils can access the range of activities we offer. We have a strong focus on children being physically active throughout the day in order to encourage them to lead healthy, active lives. Our aim is to improve and increase the quality and quantity of high quality PE for pupils. Our older children are trained annually as Play Leaders and our School Sports Committee (Sports Crew) are actively involved in encouraging active play at break and lunchtimes. We also participate in the Daily Mile as a whole school.

## **Assessment :**

Through the explicit teaching of the PE skills, both the teachers and the pupils assess their learning continuously throughout the lesson. Our assessment records, which assess children against National Curriculum expectations enable teachers to make informed judgements about the depth of their learning and the progress they have made over time.

**Pupil Voice:**

**“I love PE. My favourite sport is football.” Year 4**

**“I like the Daily Mile. I can talk to my friends when I walk.” Year 2**

**“ I like lunchtime as we can play with bats and balls.” Year 2**

**“I like playing on our playground markings.” Year 2**

**Snapshots:**

## **Impact**

## **Assessment**

Through the explicit teaching of the Writing skills, both the teachers and the pupils assess their learning continuously throughout the lesson. Our assessment systems enable teachers to make informed judgements about the depth of their learning and the progress they have made over time.

Pupil Voice

What xxx looks like at Dodford First School

Photographs

*Disclaimer: This has been developed with reflection upon the National Curriculum (2014) and [Chris Quigley's Essential Curriculum](#).*