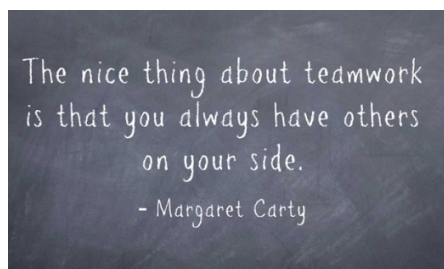




DODFORD FIRST SCHOOL NEWSLETTER

Achieve, Believe, Create and Fly High

We are thinking about the value 'COLLABORATION' this half term...



Safer Internet Day 2023—Tuesday 7th February

The children spent the day looking at ways to keep themselves safe on line and discussed about who they could talk to if they came across material that they were concerned about.

Please see information about apps/platforms and their age limits and screen time.

Age Restrictions

FOR SOCIAL MEDIA PLATFORMS

What is the minimum age for account holders on these social media sites and apps?

<p>Age 13</p> <ul style="list-style-type: none"> Ask.fm Facebook Google+ (US and all countries not mentioned under 14 and 16) Instagram ooVoo Pinterest Reddit Snapchat Tumblr Twitter LinkedIn (all countries not mentioned under age 14, 16 and 18) Swarm by Foursquare <p>DATING / CHATTING APPS</p> <ul style="list-style-type: none"> Meet Me Tinder Omegle Skout (communities for 13-17 and 18+) <p>Age 14</p> <ul style="list-style-type: none"> LinkedIn (United States, Canada, Germany, Spain, Australia and South Korea) Google (Spain, South Korea) 	<p>Age 15</p> <ul style="list-style-type: none"> Burn note (Common Sense Media rating) <p>Age 16</p> <ul style="list-style-type: none"> WhatsApp LinkedIn (Netherlands) Google+ (Netherlands) <p>Age 17</p> <ul style="list-style-type: none"> Periscope (Common Sense Media rating) Vine Whisper <p>Age 18</p> <ul style="list-style-type: none"> LinkedIn (China) Yik Yak Kik Flickr (But kids 13-17 can sign up with parental permission) YouTube (But kids 13-17 can sign up with parental permission)
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As of June 2016

Disclaimer: For the safety of your child, check the terms of service regularly.

digitalparenting
COACH
www.digitalparentingcoach.com

DID YOU KNOW?

The American Academy of Child and Adolescent Psychiatry states that:

<p>Under 18 Months</p> <p>NO screen time</p> <p>2 - 5 Years</p> <p>1 Hour of QUALITY screen time a day. Preferably under adult supervision.</p>	<p>18 - 24 Months</p> <p>Video calls to family ONLY</p> <p>Over 5 Years</p> <p>Ensure screen time does NOT interfere with the child's normal activities & doesn't substitute play like painting, running or baking.</p>
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Effects of too much screen time

<p>Under 24 Months</p> <ul style="list-style-type: none"> Delayed developmental milestones, especially speech and language. 	<p>Over 24 Months</p> <ul style="list-style-type: none"> Obesity Myopia (Near-sightedness) Poor sleep habits Short attention span Poor interpersonal relationships Higher risk of developing addictions later in life
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TEETHING TO TANTRUMS

Fockbury Road.
Dodford,
Bromsgrove, B61 9AW
office@dodford.worcs.sch.uk
Headteacher: Mrs Lisa Parkes

CLUBS

MULTI SPORTS

THURSDAY 3.15—4.15PM

FOOTBALL - NONE NEXT WEEK

FRIDAY 3.15—4.15PM

COMING SOON!

FRI 17TH FEB—ACHIEVEMENT ASSEMBLY, ANYTHING GOES DAY AND FEEL GOOD FRIDAY!

HALF TERM—MON 20TH FEB—FRI 24TH FEB

RETURN TO SCHOOL—27TH FEB

BRITISH VALUES DAY—27TH FEB

DANCE CLUB—MONDAY 27TH FEB

WORLD BOOK DAY— 2ND MARCH

USBORNE BOOK SALE—3RD MARCH

PARENTS EVENINGS—7TH AND 8TH MARCH





DODFORD FIRST SCHOOL NEWSLETTER

Achieve, Believe, Create and Fly High

Children's Mental Health Week

This week we have been looking at how we can connect and how making connections with one another and the world around us can be beneficial to our mental health and wellbeing. We have discussed the importance of talking to others if we feel sad or worried and who those trusted adults could be in their lives.

The website www.kindness has a resource shared with the children this week in an assembly about how to be kind to themselves and how this can be good for their mental health, below is the link to that web page, as you may wish to discuss this further with your child.

[10 Ways to Practise Self-Kindness - School of Kindness](#)

World Book Day—Thursday 2nd March

It is nearly time for World Book Day and attached is a flyer describing all the fun book-related activities that the children will be participating in. It also wouldn't be World Book Day without costumes, so we are giving you plenty of warning! We are keeping the theme simple this year and asking the children to come dressed as a book character, we hope that all the children will join in the fun.



Usborne Pop Up Book Store—Friday 3rd March

Attached is a flyer promoting an Usborne book sale that Mrs Carver will be running.

School Council

We have had some great donations so far, but still need more items for the playhouses. Please can we have any donations in before the end of next week. Thank you!

Anything Goes—Friends of Dodford Fundraiser Day

Please remember that for each thing they do differently, they need to bring in a £1, so if they wear their hair down and colour it and dress in their own clothes, this would be £3! Please bring in the exact money. This will be collected in and remember that every penny will go back into school to buy those little extras!

Fockbury Road.

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STAR AWARD

WRENS— JOSIE

ROBINS 1— RIGBY

ROBINS 2— ALEX

OWLS 3— IMOGEN

OWLS 4— SEREN

ATTENDANCE

WRENS— 98.4%

ROBINS 1— 96.3%

ROBINS 2— 97%

OWLS 3— 100%

OWLS 4— 98.4%

HOUSE POINTS:

AVON: 60

TEME : 63

SEVERN: 66



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Trips this week—Symphony Hall

Owls class went to The Symphony Hall in Birmingham on Monday, a wonderful experience for the children to watch a real orchestra playing some inspiring music pieces.

Cold weather

We are experiencing a cold spell, please make sure your child is wrapped up. Remember layers are important, as what we do find is that as children run around the playground they do start to want to take coats off, so a vest under their polo shirts will still keep them warm! Hats and gloves need to be labelled with names please.



We have 1 week until half term and on Friday you are all invited to celebrate the end of another fantastic term and congratulate the children chosen for awards this half term. Wishing you all a lovely weekend, Mrs Parkes